

October

NEWSLETTER



A Note From the Counselor:

Each and every student here at Olive is intelligent, kind, thoughtful, and uniquely talented. I continuously share this with them, hoping they truly embrace their strengths! Our character education classes are progressing smoothly, and the students are both learning and enjoying themselves!

Contact Info:

Mrs. Emmons

tayloremmons@npusc.k12.in.us

(574) 654-7531 ext- 70424

We're Learning:

Last month, we explored different types of emotions and how to manage them effectively. While all feelings are valid, learning to handle them is key! We also covered useful coping skills. Next, we will focus on self-awareness, impulse control, and stress management.

Resources:

REAL services of St. Joe county provides programs that promote nutrition, self-sufficiency, education, and protection for all.

REAL Services:

(574) 233-8205

info@realservices.org

1151 S. Michigan St.

South Bend, IN 46601

